

GMA LIFE TV PROGRAMMING JULY 1 - 6, 2019 GRID (KINGDOM OF SAUDI ARABIA)									
KSA (MLA - 5)	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	KSA (MLA - 5)	
		JULY 1	JULY 2	JULY 3	JULY 4	JULY 5	JULY 6		
12:00MN	BALITANGHALI (R.) 12:00 - 12:45	con't of REEL LIFE 1 (R.) 11:00 - 1:00						12:00MN	
1:00AM	LIFE TUNES (P.) 12:45 - 1:15	MARS (R.) 1:00 - 1:45						1:00AM	
2:00AM	TROPANG POTCHI (P) 1:15 - 1:45	AHAI (R.) 1:15 - 1:45	KUSINA MASTER (R) 1:45 - 2:15						2:00AM
2:00AM	I BILIB (P) 1:45 - 2:00	PINAS SARAP (R.) 1:45 - 2:30	IMPOSTORA (2017) (R.) 2:15 - 3:00						3:00AM
2:00AM	SARAP 'DI BA? (R) 2:00 - 2:30	TASTE BUDDIES (R.) 2:30 - 3:00	THE HALF SISTERS (R.) 3:00 - 3:45						3:00AM
3:00AM	PINOY MD (P) 2:30 - 3:15	BIYAHE NI DREW (R.) 3:00 - 3:45	IKA-6 NA UTOS (R) 3:45 - 4:30						4:00AM
3:00AM	ANG PINAKA... (R.) 3:15 - 4:00	I BILIB (R) 3:45 - 4:00	REEL LIFE 2 (R.) 4:30 - 6:30						4:00AM
4:00AM	IKA-6 NA UTOS WEEKEND CATCH-UP (R) 4:00 - 6:45	THE HALF SISTERS WEEKEND CATCH-UP (R) 4:00 - 6:45	MARS (R.) 6:30 - 7:15						5:00AM
5:00AM			QUICKFIRE (R) 7:15 - 7:30						6:00AM
6:00AM			IMPOSTORA (2017) (R.) 7:30 - 8:00						7:00AM
7:00AM	REEL LIFE (R) 6:45 - 8:45 "Boy Pick-Up: The Movie"	PINAS SARAP (R.) 6:45 - 7:30	THE HALF SISTERS (R.) 8:00 - 8:45						8:00AM
8:00AM		D WORLD OF GANDANG RICKY REYES (R.) 7:30 - 8:00	KUSINA MASTER (R) 8:45 - 9:15						9:00AM
8:00AM		MAYNILA (R.) 8:00 - 9:00							9:00AM
9:00AM	SARAP 'DI BA? (R) 8:45 - 9:15	I BILIB (R) 9:00 - 9:15							9:00AM
10:00AM	BALITANGHALI (P) 9:15 - 10:00	BALITANGHALI (P) 9:15 - 10:30						BALITANGHALI (P) 9:15 - 10:00	10:00AM
10:00AM	TROPANG POTCHI (R) 10:00 - 10:30	QUICKFIRE (P) 10:30 - 10:45						LOVING WHAT YOU DO (P) 10:00 - 10:30	10:00AM
11:00AM	DAY OFF (R) 10:30 - 11:15	ANG PINAKA (R) 10:45 - 11:30	IDOL SA KUSINA (R) 10:45 - 11:30	POP TALK (R) 10:45 - 11:30	PINOY MD (R) 10:45 - 11:30	BIYAHE NI DREW (R) 10:45 - 11:30	HOME BASE PLUS (P) 10:30 - 11:00	11:00AM	
11:00AM	D WORLD OF GANDANG RICKY REYES (P) 11:15 - 12:00	REEL LIFE 1 (P.) 11:30 - 1:30						PINAS SARAP (R.) 11:00 - 11:45	11:00AM
12:00NN	ANG PINAKA... (P) 12:00 - 12:45							IDOL SA KUSINA (R) 11:45 - 12:30	12:00NN
12:00NN	TASTE BUDDIES (P.) 12:45 - 1:15							SARAP 'DI BA? (P.) 12:30 - 1:00	1:00PM
1:00PM	FOODTRIP (Season 4) (P) 1:15 - 1:45	IKA-6 NA UTOS (P) 1:30 - 2:00						REEL LIFE (P) 1:00 - 3:00 "Above The Clouds"	1:00PM
2:00PM	IDOL SA KUSINA (P) 1:45 - 2:15	THE HALF SISTERS (P.) 2:00 - 2:30							2:00PM
2:00PM	PINOY MD (R.) 2:15 - 3:00	TASTE BUDDIES (R.) 2:30 - 3:00	FOODTRIP (R.) 2:30 - 3:00	LOVING WHAT YOU DO (R.) 2:30 - 3:00	GLOW UP (R.) 2:30 - 3:00	TUNAY NA BUHAY (R) 2:30 - 3:00		2:00PM	
3:00PM	BALITANGHALI (R.) 3:00 - 3:45	BALITANGHALI (R.) 3:00 - 4:15						BALITANGHALI (R.) 3:00 - 3:45	3:00PM
4:00PM	AHAI (P.) 3:45 - 4:15							BIYAHE NI DREW (P.) 3:45 - 4:45	4:00PM
4:00PM	POPTALK (P) 4:15 - 4:45	REEL LIFE 2 (P.) 4:15 - 6:15						GLOW UP (P.) 4:45 - 5:15	5:00PM
5:00PM	PINAS SARAP (P.) 4:45 - 5:45	IMPOSTORA (P.) 6:15 - 7:00						TUNAY NA BUHAY (P.) 5:15 - 5:45	5:00PM
6:00PM	MAYNILA (P) 5:45 - 6:45	MARS (P.) 7:00 - 7:45						DAY OFF (P.) 5:45 - 6:30	6:00PM
7:00PM	D WORLD OF GANDANG RICKY REYES (R.) 6:45 - 7:30	MARS (P.) 7:00 - 7:45						HOME BASE PLUS (R) 6:30 - 7:00	7:00PM
7:00PM	LOVING WHAT YOU DO (R.) 7:30 - 8:00	AHAI (R) 7:45 - 8:15	HOME BASE PLUS (R) 7:45 - 8:15	TUNAY NA BUHAY (R) 7:45 - 8:15	POP TALK (R) 7:45 - 8:15	GLOW UP (R) 7:45 - 8:15	REEL LIFE (R.) 7:00 - 9:00 "Above The Clouds"	8:00PM	
8:00PM	TASTE BUDDIES (R.) 8:00 - 8:30	IKA-6 NA UTOS (R) 8:15 - 9:00							8:00PM
8:00PM	FOODTRIP (Season 4) (R.) 8:30 - 9:00	KUSINA MASTER (P) 9:00 - 9:30						ANG PINAKA... (R.) 9:00 - 9:45	9:00PM
9:00PM	IDOL SA KUSINA (R.) 9:00 - 9:45	BALITANGHALI (R.) 9:30 - 10:45						SARAP 'DI BA? (R.) 9:45 - 10:15	9:00PM
10:00PM	BIYAHE NI DREW (R.) 9:45 - 10:30	QUICKFIRE (R) 10:45 - 11:00						DAY OFF (R.) 10:15 - 11:00	10:00PM
10:00PM	POP TALK (R) 10:30 - 11:15	REEL LIFE 1 (R.) 11:00 - 1:00						TUNAY NA BUHAY (R) 11:00 - 11:30	11:00PM
11:00PM	MAYNILA (R.) 11:15 - 12:00							HOME BASE PLUS (R.) 11:30 - 12:00	11:00PM
12:00MN									12:00MN

GMA LIFE TV PROGRAMMING JULY 7 - 13, 2019 GRID (KINGDOM OF SAUDI ARABIA)									
KSA (MLA - 5)	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	KSA (MLA - 5)	
	JULY 7	JULY 8	JULY 9	JULY 10	JULY 11	JULY 12	JULY 13		
12:00MN	BALITANGHALI (R.) 12:00 - 12:45		con't of REEL LIFE 1 (R.) 11:00 - 1:00						12:00MN
1:00AM	LIFE TUNES (P.) 12:45 - 1:15		MARS (R.) 1:00 - 1:45						1:00AM
2:00AM	TROPANG POTCHI (P) 1:15 - 1:45	AHAI (R.) 1:15 - 1:45	KUSINA MASTER (R) 1:45 - 2:15						2:00AM
3:00AM	I BILIB (P) 1:45 - 2:00	PINAS SARAP (R.) 1:45 - 2:30	IMPOSTORA (2017) (R.) 2:15 - 3:00						3:00AM
4:00AM	SARAP 'DI BA? (R) 2:00 - 2:30	TASTE BUDDIES (R.) 2:30 - 3:00	THE HALF SISTERS (R.) 3:00 - 3:45						4:00AM
5:00AM	PINOY MD (P) 2:30 - 3:15	BIYAHE NI DREW (R.) 3:00 - 3:45	IKA-6 NA UTOS (R) 3:45 - 4:30						5:00AM
6:00AM	ANG PINAKA... (R.) 3:15 - 4:00	I BILIB (R) 3:45 - 4:00	REEL LIFE 2 (R.) 4:30 - 6:30						6:00AM
7:00AM	IKa-6 NA UTOS WEEKEND CATCH-UP (R) 4:00 - 6:45	THE HALF SISTERS WEEKEND CATCH-UP (R) 4:00 - 6:45	MARS (R.) 6:30 - 7:15						7:00AM
8:00AM	REEL LIFE (R) 6:45 - 8:45 "Above The Clouds"	PINAS SARAP (R.) 6:45 - 7:30	QUICKFIRE (R) 7:15 - 7:30						8:00AM
9:00AM	SARAP 'DI BA? (R) 8:45 - 9:15	D WORLD OF GANDANG RICKY REYES (R.) 7:30 - 8:00	IMPOSTORA (2017) (R.) 7:30 - 8:00						9:00AM
10:00AM	BALITANGHALI (P) 9:15 - 10:00	MAYNILA (R.) 8:00 - 9:00	THE HALF SISTERS (R.) 8:00 - 8:45						10:00AM
11:00AM	TROPANG POTCHI (R) 10:00 - 10:30	I BILIB (R) 9:00 - 9:15	KUSINA MASTER (R) 8:45 - 9:15						11:00AM
12:00NN	DAY OFF (R) 10:30 - 11:15	ANG PINAKA (R) 10:45 - 11:30	IDOL SA KUSINA (R) 10:45 - 11:30	POP TALK (R) 10:45 - 11:30	PINOY MD (R) 10:45 - 11:30	BIYAHE NI DREW (R) 10:45 - 11:30	BALITANGHALI (P) 9:15 - 10:00	12:00NN	
1:00PM	D WORLD OF GANDANG RICKY REYES (P) 11:15 - 12:00	REEL LIFE 1 (P.) 11:30 - 1:30						LOVING WHAT YOU DO (P) 10:00 - 10:30	
2:00PM	ANG PINAKA... (P) 12:00 - 12:45	IKA-6 NA UTOS (P) 1:30 - 2:00						HOME BASE PLUS (P) 10:30 - 11:00	
3:00PM	TASTE BUDDIES (P.) 12:45 - 1:15	THE HALF SISTERS (P.) 2:00 - 2:30						PINAS SARAP (R.) 11:00 - 11:45	
4:00PM	FOODTRIP (Season 4) (P) 1:15 - 1:45	BALITANGHALI (R.) 3:00 - 4:15						IDOL SA KUSINA (R) 11:45 - 12:30	
5:00PM	IDOL SA KUSINA (P) 1:45 - 2:15	BALITANGHALI (R.) 3:00 - 4:15						SARAP 'DI BA? (P.) 12:30 - 1:00	
6:00PM	PINOY MD (R.) 2:15 - 3:00	TASTE BUDDIES (R.) 2:30 - 3:00	FOODTRIP (R.) 2:30 - 3:00	LOVING WHAT YOU DO (R.) 2:30 - 3:00	GLOW UP (R.) 2:30 - 3:00	TUNAY NA BUHAY (R) 2:30 - 3:00	REEL LIFE (P) 1:00 - 3:00 "1st ko si 3rd"		
7:00PM	BALITANGHALI (R.) 3:00 - 3:45	BALITANGHALI (R.) 3:00 - 4:15						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
8:00PM	AHAI (P.) 3:45 - 4:15	REEL LIFE 2 (P.) 4:15 - 6:15						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
9:00PM	POPTALK (P) 4:15 - 4:45	IMPOSTORA (P.) 6:15 - 7:00						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
10:00PM	PINAS SARAP (P.) 4:45 - 5:45	MARS (P.) 7:00 - 7:45						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
11:00PM	MAYNILA (P) 5:45 - 6:45	AHAI (R) 7:45 - 8:15	HOME BASE PLUS (R) 7:45 - 8:15	TUNAY NA BUHAY (R) 7:45 - 8:15	POP TALK (R) 7:45 - 8:15	GLOW UP (R) 7:45 - 8:15	REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"		
12:00MN	D WORLD OF GANDANG RICKY REYES (R.) 6:45 - 7:30	MARS (P.) 7:00 - 7:45						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
1:00PM	LOVING WHAT YOU DO (R.) 7:30 - 8:00	MARS (P.) 7:00 - 7:45						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
2:00PM	TASTE BUDDIES (R.) 8:00 - 8:30	MARS (P.) 7:00 - 7:45						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
3:00PM	FOODTRIP (Season 4) (R.) 8:30 - 9:00	MARS (P.) 7:00 - 7:45						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
4:00PM	IDOL SA KUSINA (R.) 9:00 - 9:45	MARS (P.) 7:00 - 7:45						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
5:00PM	BIYAHE NI DREW (R.) 9:45 - 10:30	MARS (P.) 7:00 - 7:45						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
6:00PM	POP TALK (R) 10:30 - 11:15	MARS (P.) 7:00 - 7:45						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
7:00PM	MAYNILA (R.) 11:15 - 12:00	MARS (P.) 7:00 - 7:45						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"	
8:00PM	BALITANGHALI (R.) 9:30 - 10:45						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"		
9:00PM	QUICKFIRE (R) 10:45 - 11:00						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"		
10:00PM	REEL LIFE 1 (R.) 11:00 - 1:00						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"		
11:00PM	REEL LIFE 1 (R.) 11:00 - 1:00						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"		
12:00MN	REEL LIFE 1 (R.) 11:00 - 1:00						REEL LIFE (R.) 7:00 - 9:00 "1st ko si 3rd"		

GMA LIFE TV PROGRAMMING JULY 14 - 20, 2019 GRID (KINGDOM OF SAUDI ARABIA)									
KSA (MLA - 5)	SUNDAY JULY 14	MONDAY JULY 15	TUESDAY JULY 16	WEDNESDAY JULY 17	THURSDAY JULY 18	FRIDAY JULY 19	SATURDAY JULY 20	KSA (MLA - 5)	
12:00MN	BALITANGHALI (R.) 12:00 - 12:45		con't of REEL LIFE 1 (R.) 11:00 - 1:00						12:00MN
1:00AM	LIFE TUNES (P.) 12:45 - 1:15		MARS PA MORE! (R.) 1:00 - 1:45						1:00AM
2:00AM	TROPANG POTCHI (P) 1:15 - 1:45	AHAI (R.) 1:15 - 1:45	KUSINA MASTER (R) 1:45 - 2:15						2:00AM
2:00AM	I BILIB (P) 1:45 - 2:00	PINAS SARAP (R.) 1:45 - 2:30	IMPOSTORA (2017) (R.) 2:15 - 3:00						2:00AM
3:00AM	SARAP 'DI BA? (R) 2:00 - 2:30	TASTE BUDDIES (R.) 2:30 - 3:00	THE HALF SISTERS (R.) 3:00 - 3:45						3:00AM
3:00AM	PINOY MD (P) 2:30 - 3:15	BIYAHE NI DREW (R.) 3:00 - 3:45	IKA-6 NA UTOS (R) 3:45 - 4:30						3:00AM
4:00AM	ANG PINAKA... (R.) 3:15 - 4:00	I BILIB (R) 3:45 - 4:00	REEL LIFE 2 (R.) 4:30 - 6:30						4:00AM
5:00AM	IKA-6 NA UTOS WEEKEND CATCH-UP (R) 4:00 - 6:45		MARS PA MORE! (R.) 6:30 - 7:15						5:00AM
6:00AM	THE HALF SISTERS WEEKEND CATCH-UP (R) 4:00 - 6:45		QUICKFIRE (R) 7:15 - 7:30						6:00AM
7:00AM	PINAS SARAP (R.) 6:45 - 7:30		IMPOSTORA (2017) (R.) 7:30 - 8:00						7:00AM
8:00AM	REEL LIFE (R) 6:45 - 8:45 "1st ko si 3rd"	D WORLD OF GANDANG RICKY REYES (R.) 7:30 - 8:00	THE HALF SISTERS (R.) 8:00 - 8:45						8:00AM
9:00AM	SARAP 'DI BA? (R) 8:45 - 9:15	MAYNILA (R.) 8:00 - 9:00	KUSINA MASTER (R) 8:45 - 9:15						9:00AM
10:00AM	BALITANGHALI (P) 9:15 - 10:00	BALITANGHALI (P) 9:15 - 10:30						BALITANGHALI (P) 9:15 - 10:00	10:00AM
10:00AM	TROPANG POTCHI (R) 10:00 - 10:30	QUICKFIRE (P) 10:30 - 10:45						SIYENSIKAT (P) 10:00 - 10:30	10:00AM
11:00AM	DAY OFF (R) 10:30 - 11:15	ANG PINAKA (R) 10:45 - 11:30	IDOL SA KUSINA (R) 10:45 - 11:30	POP TALK (R) 10:45 - 11:30	PINOY MD (R) 10:45 - 11:30	BIYAHE NI DREW (R) 10:45 - 11:30	HOME BASE PLUS (P) 10:30 - 11:00	11:00AM	
12:00NN	D WORLD OF GANDANG RICKY REYES (P) 11:15 - 12:00	REEL LIFE 1 (P.) 11:30 - 1:30						PINAS SARAP (R.) 11:00 - 11:45	12:00NN
12:00NN	ANG PINAKA... (P) 12:00 - 12:45	IDOL SA KUSINA (R) 11:45 - 12:30						SARAP 'DI BA? (P.) 12:30 - 1:00	12:00NN
1:00PM	TASTE BUDDIES (P.) 12:45 - 1:15	IKA-6 NA UTOS (P) 1:30 - 2:00						REEL LIFE (P) 1:00 - 3:00 "Boses"	1:00PM
2:00PM	FOODTRIP (Season 4) (P) 1:15 - 1:45	THE HALF SISTERS (P.) 2:00 - 2:30						REEL LIFE (P) 1:00 - 3:00 "Boses"	2:00PM
2:00PM	IDOL SA KUSINA (P) 1:45 - 2:15	TASTE BUDDIES (R.) 2:30 - 3:00	FOODTRIP (R.) 2:30 - 3:00	LOVING WHAT YOU DO (R.) 2:30 - 3:00	GLOW UP (R.) 2:30 - 3:00	TUNAY NA BUHAY (R) 2:30 - 3:00	REEL LIFE (P) 1:00 - 3:00 "Boses"	2:00PM	
3:00PM	PINOY MD (R.) 2:15 - 3:00	BALITANGHALI (R.) 3:00 - 4:15						BALITANGHALI (R.) 3:00 - 3:45	3:00PM
4:00PM	BALITANGHALI (R.) 3:00 - 3:45	BALITANGHALI (R.) 3:00 - 4:15						BIYAHE NI DREW (P.) 3:45 - 4:45	4:00PM
4:00PM	AHAI (P.) 3:45 - 4:15	REEL LIFE 2 (P.) 4:15 - 6:15						GLOW UP (P.) 4:45 - 5:15	5:00PM
5:00PM	POPTALK (P) 4:15 - 4:45	IMPOSTORA (P.) 6:15 - 7:00						TUNAY NA BUHAY (P.) 5:15 - 5:45	5:00PM
5:00PM	PINAS SARAP (P.) 4:45 - 5:45	MARS PA MORE! (P.) 7:00 - 7:45						DAY OFF (P.) 5:45 - 6:30	6:00PM
6:00PM	MAYNILA (P) 5:45 - 6:45	MARS PA MORE! (P.) 7:00 - 7:45						HOME BASE PLUS (R) 6:30 - 7:00	7:00PM
7:00PM	D WORLD OF GANDANG RICKY REYES (R.) 6:45 - 7:30	MARS PA MORE! (P.) 7:00 - 7:45						REEL LIFE (R.) 7:00 - 9:00 "Boses"	7:00PM
8:00PM	LOVING WHAT YOU DO (R.) 7:30 - 8:00	AHAI (R) 7:45 - 8:15	HOME BASE PLUS (R) 7:45 - 8:15	TUNAY NA BUHAY (R) 7:45 - 8:15	POP TALK (R) 7:45 - 8:15	GLOW UP (R) 7:45 - 8:15	REEL LIFE (R.) 7:00 - 9:00 "Boses"	8:00PM	
8:00PM	TASTE BUDDIES (R.) 8:00 - 8:30	IKA-6 NA UTOS (R) 8:15 - 9:00						ANG PINAKA... (R.) 9:00 - 9:45	9:00PM
9:00PM	FOODTRIP (Season 4) (R.) 8:30 - 9:00	KUSINA MASTER (P) 9:00 - 9:30						SARAP 'DI BA? (R.) 9:45 - 10:15	10:00PM
9:00PM	IDOL SA KUSINA (R.) 9:00 - 9:45	BALITANGHALI (R.) 9:30 - 10:45						DAY OFF (R.) 10:15 - 11:00	10:00PM
10:00PM	BIYAHE NI DREW (R.) 9:45 - 10:30	QUICKFIRE (R) 10:45 - 11:00						TUNAY NA BUHAY (R) 11:00 - 11:30	11:00PM
11:00PM	POP TALK (R) 10:30 - 11:15	REEL LIFE 1 (R.) 11:00 - 1:00						HOME BASE PLUS (R.) 11:30 - 12:00	12:00MN
12:00MN	MAYNILA (R.) 11:15 - 12:00	REEL LIFE 1 (R.) 11:00 - 1:00						HOME BASE PLUS (R.) 11:30 - 12:00	12:00MN

GMA LIFE TV PROGRAMMING JULY 21 - 27, 2019 GRID (KINGDOM OF SAUDI ARABIA)									
KSA (MLA - 5)	SUNDAY JULY 21	MONDAY JULY 22	TUESDAY JULY 23	WEDNESDAY JULY 24	THURSDAY JULY 25	FRIDAY JULY 26	SATURDAY JULY 27	KSA (MLA - 5)	
12:00MN	BALITANGHALI (R.) 12:00 - 12:45		con't of REEL LIFE 1 (R.) 11:00 - 1:00						12:00MN
1:00AM	LIFE TUNES (P.) 12:45 - 1:15		MARS PA MORE! (R.) 1:00 - 1:45						1:00AM
2:00AM	TROPANG POTCHI (P) 1:15 - 1:45	AHAI (R.) 1:15 - 1:45	KUSINA MASTER (R) 1:45 - 2:15						2:00AM
2:00AM	I BILIB (P) 1:45 - 2:00	PINAS SARAP (R.) 1:45 - 2:30	IMPOSTORA (2017) (R.) 2:15 - 3:00						3:00AM
3:00AM	SARAP 'DI BA? (R) 2:00 - 2:30	TASTE BUDDIES (R.) 2:30 - 3:00	THE HALF SISTERS (R.) 3:00 - 3:45						3:00AM
3:00AM	PINOY MD (P) 2:30 - 3:15	BIYAHE NI DREW (R.) 3:00 - 3:45	IKA-6 NA UTOS (R) 3:45 - 4:30						4:00AM
4:00AM	ANG PINAKA... (R.) 3:15 - 4:00	I BILIB (R) 3:45 - 4:00	REEL LIFE 2 (R.) 4:30 - 6:30						5:00AM
5:00AM	IKa-6 NA UTOS WEEKEND CATCH-UP (R) 4:00 - 6:45	THE HALF SISTERS WEEKEND CATCH-UP (R) 4:00 - 6:45	MARS PA MORE! (R.) 6:30 - 7:15						7:00AM
6:00AM	REEL LIFE (R) 6:45 - 8:45 "Boses"		QUICKFIRE (R) 7:15 - 7:30						8:00AM
7:00AM	SARAP 'DI BA? (R) 8:45 - 9:15	PINAS SARAP (R.) 6:45 - 7:30	IMPOSTORA (2017) (R.) 7:30 - 8:00						8:00AM
8:00AM	D WORLD OF GANDANG RICKY REYES (R.) 7:30 - 8:00		THE HALF SISTERS (R.) 8:00 - 8:45						9:00AM
9:00AM	MAYNILA (R.) 8:00 - 9:00		KUSINA MASTER (R) 8:45 - 9:15						9:00AM
10:00AM	BALITANGHALI (P) 9:15 - 10:00	BALITANGHALI (P) 9:15 - 10:30						BALITANGHALI (P) 9:15 - 10:00	10:00AM
10:00AM	TROPANG POTCHI (R) 10:00 - 10:30	QUICKFIRE (P) 10:30 - 10:45						SIYENSİKAT (P) 10:00 - 10:30	10:00AM
11:00AM	DAY OFF (R) 10:30 - 11:15	ANG PINAKA (R) 10:45 - 11:30	IDOL SA KUSINA (R) 10:45 - 11:30	POP TALK (R) 10:45 - 11:30	PINOY MD (R) 10:45 - 11:30	BIYAHE NI DREW (R) 10:45 - 11:30	HOME BASE PLUS (P) 10:30 - 11:00	11:00AM	
12:00NN	D WORLD OF GANDANG RICKY REYES (P) 11:15 - 12:00	REEL LIFE 1 (P.) 11:30 - 1:30						PINAS SARAP (R.) 11:00 - 11:45	12:00NN
12:00NN	ANG PINAKA... (P) 12:00 - 12:45	IDOL SA KUSINA (R) 11:45 - 12:30						SARAP 'DI BA? (P.) 12:30 - 1:00	1:00PM
1:00PM	TASTE BUDDIES (P.) 12:45 - 1:15	IKA-6 NA UTOS (P) 1:30 - 2:00						REEL LIFE (P) 1:00 - 3:00 "Signos"	1:00PM
2:00PM	FOODTRIP (Season 4) (P) 1:15 - 1:45	THE HALF SISTERS (P.) 2:00 - 2:30						REEL LIFE (P) 1:00 - 3:00 "Signos"	2:00PM
2:00PM	IDOL SA KUSINA (P) 1:45 - 2:15	MARS PA MORE! (P.) 6:15 - 7:00						REEL LIFE (P) 1:00 - 3:00 "Signos"	2:00PM
3:00PM	PINOY MD (R.) 2:15 - 3:00	TASTE BUDDIES (R.) 2:30 - 3:00	FOODTRIP (R.) 2:30 - 3:00	SIYENSİKAT (R.) 2:30 - 3:00	GLOW UP (R.) 2:30 - 3:00	TUNAY NA BUHAY (R) 2:30 - 3:00	BALITANGHALI (R.) 3:00 - 3:45	3:00PM	
4:00PM	BALITANGHALI (R.) 3:00 - 3:45	BALITANGHALI (R.) 3:00 - 4:15						BIYAHE NI DREW (P.) 3:45 - 4:45	4:00PM
4:00PM	AHAI (P.) 3:45 - 4:15	REEL LIFE 2 (P.) 4:15 - 6:15						GLOW UP (P.) 4:45 - 5:15	5:00PM
5:00PM	POPTALK (P) 4:15 - 4:45	IMPOSTORA (P.) 6:15 - 7:00						TUNAY NA BUHAY (P.) 5:15 - 5:45	6:00PM
5:00PM	PINAS SARAP (P.) 4:45 - 5:45	MARS PA MORE! (P.) 7:00 - 7:45						DAY OFF (P.) 5:45 - 6:30	6:00PM
6:00PM	MAYNILA (P) 5:45 - 6:45	HOME BASE PLUS (R) 6:30 - 7:00						HOME BASE PLUS (R) 6:30 - 7:00	7:00PM
7:00PM	D WORLD OF GANDANG RICKY REYES (R.) 6:45 - 7:30	REEL LIFE (R.) 7:00 - 9:00 "Signos"						REEL LIFE (R.) 7:00 - 9:00 "Signos"	7:00PM
8:00PM	SIYENSİKAT (R.) 7:30 - 8:00	AHAI (R) 7:45 - 8:15	HOME BASE PLUS (R) 7:45 - 8:15	TUNAY NA BUHAY (R) 7:45 - 8:15	POP TALK (R) 7:45 - 8:15	GLOW UP (R) 7:45 - 8:15	REEL LIFE (R.) 7:00 - 9:00 "Signos"	8:00PM	
8:00PM	TASTE BUDDIES (R.) 8:00 - 8:30	IKA-6 NA UTOS (R) 8:15 - 9:00						REEL LIFE (R.) 7:00 - 9:00 "Signos"	8:00PM
9:00PM	FOODTRIP (Season 4) (R.) 8:30 - 9:00	KUSINA MASTER (P) 9:00 - 9:30						ANG PINAKA... (R.) 9:00 - 9:45	9:00PM
9:00PM	IDOL SA KUSINA (R.) 9:00 - 9:45	BALITANGHALI (R.) 9:30 - 10:45						SARAP 'DI BA? (R.) 9:45 - 10:15	10:00PM
10:00PM	BIYAHE NI DREW (R.) 9:45 - 10:30	QUICKFIRE (R) 10:45 - 11:00						DAY OFF (R.) 10:15 - 11:00	10:00PM
11:00PM	POP TALK (R) 10:30 - 11:15	REEL LIFE 1 (R.) 11:00 - 1:00						TUNAY NA BUHAY (R) 11:00 - 11:30	11:00PM
12:00MN	MAYNILA (R.) 11:15 - 12:00	REEL LIFE 1 (R.) 11:00 - 1:00						HOME BASE PLUS (R.) 11:30 - 12:00	12:00MN

GMA LIFE TV PROGRAMMING JULY 28 - 31, 2019 GRID (KINGDOM OF SAUDI ARABIA)									
KSA (MLA - 5)	SUNDAY JULY 28	MONDAY JULY 29	TUESDAY JULY 30	WEDNESDAY JULY 31	THURSDAY	FRIDAY	SATURDAY	KSA (MLA - 5)	
12:00MN	BALITANGHALI (R.) 12:00 - 12:45		con't of REEL LIFE 1 (R.) 11:00 - 1:00						12:00MN
1:00AM	LIFE TUNES (P.) 12:45 - 1:15		MARS PA MORE! (R.) 1:00 - 1:45						1:00AM
2:00AM	TROPANG POTCHI (P) 1:15 - 1:45	AHAI (R.) 1:15 - 1:45	KUSINA MASTER (R) 1:45 - 2:15						2:00AM
2:00AM	I BILIB (P) 1:45 - 2:00	PINAS SARAP (R.) 1:45 - 2:30	IMPOSTORA (2017) (R.) 2:15 - 3:00						3:00AM
3:00AM	SARAP 'DI BA? (R) 2:00 - 2:30	TASTE BUDDIES (R.) 2:30 - 3:00	THE HALF SISTERS (R.) 3:00 - 3:45						3:00AM
3:00AM	PINOY MD (P) 2:30 - 3:15	BIYAHE NI DREW (R.) 3:00 - 3:45	IKA-6 NA UTOS (R) 3:45 - 4:30						4:00AM
4:00AM	ANG PINAKA... (R.) 3:15 - 4:00	I BILIB (R) 3:45 - 4:00	REEL LIFE 2 (R.) 4:30 - 6:30						5:00AM
5:00AM	IKA-6 NA UTOS WEEKEND CATCH-UP (R) 4:00 - 6:45	THE HALF SISTERS WEEKEND CATCH-UP (R) 4:00 - 6:45	MARS PA MORE! (R.) 6:30 - 7:15						7:00AM
6:00AM			QUICKFIRE (R) 7:15 - 7:30						8:00AM
7:00AM	REEL LIFE (R) 6:45 - 8:45 "Signos"	PINAS SARAP (R.) 6:45 - 7:30	IMPOSTORA (2017) (R.) 7:30 - 8:00						8:00AM
8:00AM			THE HALF SISTERS (R.) 8:00 - 8:45						9:00AM
9:00AM	SARAP 'DI BA? (R) 8:45 - 9:15	I BILIB (R) 9:00 - 9:15	KUSINA MASTER (R) 8:45 - 9:15						9:00AM
10:00AM	BALITANGHALI (P) 9:15 - 10:00	BALITANGHALI (P) 9:15 - 10:30						BALITANGHALI (P) 9:15 - 10:00	10:00AM
10:00AM	TROPANG POTCHI (R) 10:00 - 10:30	QUICKFIRE (P) 10:30 - 10:45						SIYENSİKAT (P) 10:00 - 10:30	10:00AM
11:00AM	DAY OFF (R) 10:30 - 11:15	ANG PINAKA (R) 10:45 - 11:30	IDOL SA KUSINA (R) 10:45 - 11:30	POP TALK (R) 10:45 - 11:30	PINOY MD (R) 10:45 - 11:30	BIYAHE NI DREW (R) 10:45 - 11:30	HOME BASE PLUS (P) 10:30 - 11:00	11:00AM	
12:00NN	D WORLD OF GANDANG RICKY REYES (P) 11:15 - 12:00	REEL LIFE 1 (P.) 11:30 - 1:30						PINAS SARAP (R.) 11:00 - 11:45	12:00NN
12:00NN	ANG PINAKA... (P) 12:00 - 12:45							IDOL SA KUSINA (R) 11:45 - 12:30	12:00NN
1:00PM	TASTE BUDDIES (P.) 12:45 - 1:15							SARAP 'DI BA? (P.) 12:30 - 1:00	1:00PM
1:00PM	FOODTRIP (Season 4) (P) 1:15 - 1:45	IKA-6 NA UTOS (P) 1:30 - 2:00						REEL LIFE (P) 1:00 - 3:00	2:00PM
2:00PM	IDOL SA KUSINA (P) 1:45 - 2:15	THE HALF SISTERS (P.) 2:00 - 2:30							2:00PM
3:00PM	PINOY MD (R.) 2:15 - 3:00	TASTE BUDDIES (R.) 2:30 - 3:00	FOODTRIP (R.) 2:30 - 3:00	SIYENSİKAT (R.) 2:30 - 3:00	GLOW UP (R.) 2:30 - 3:00	TUNAY NA BUHAY (R) 2:30 - 3:00	BALITANGHALI (R.) 3:00 - 3:45	3:00PM	
4:00PM	BALITANGHALI (R.) 3:00 - 3:45	BALITANGHALI (R.) 3:00 - 4:15						BIYAHE NI DREW (P.) 3:45 - 4:45	4:00PM
4:00PM	AHAI (P.) 3:45 - 4:15								4:00PM
5:00PM	POPTALK (P) 4:15 - 4:45	REEL LIFE 2 (P.) 4:15 - 6:15						GLOW UP (P.) 4:45 - 5:15	5:00PM
5:00PM	PINAS SARAP (P.) 4:45 - 5:45							TUNAY NA BUHAY (P.) 5:15 - 5:45	6:00PM
6:00PM	MAYNILA (P) 5:45 - 6:45	IMPOSTORA (P.) 6:15 - 7:00						DAY OFF (P.) 5:45 - 6:30	6:00PM
7:00PM	D WORLD OF GANDANG RICKY REYES (R.) 6:45 - 7:30	MARS PA MORE! (P.) 7:00 - 7:45						HOME BASE PLUS (R) 6:30 - 7:00	7:00PM
8:00PM	SIYENSİKAT (R.) 7:30 - 8:00	AHAI (R) 7:45 - 8:15	HOME BASE PLUS (R) 7:45 - 8:15	TUNAY NA BUHAY (R) 7:45 - 8:15	POP TALK (R) 7:45 - 8:15	GLOW UP (R) 7:45 - 8:15	REEL LIFE (R.) 7:00 - 9:00	8:00PM	
8:00PM	TASTE BUDDIES (R.) 8:00 - 8:30	IKA-6 NA UTOS (R) 8:15 - 9:00							8:00PM
9:00PM	FOODTRIP (Season 4) (R.) 8:30 - 9:00	KUSINA MASTER (P) 9:00 - 9:30						ANG PINAKA... (R.) 9:00 - 9:45	9:00PM
9:00PM	IDOL SA KUSINA (R.) 9:00 - 9:45	BALITANGHALI (R.) 9:30 - 10:45						SARAP 'DI BA? (R.) 9:45 - 10:15	10:00PM
10:00PM	BIYAHE NI DREW (R.) 9:45 - 10:30	QUICKFIRE (R) 10:45 - 11:00						DAY OFF (R.) 10:15 - 11:00	10:00PM
11:00PM	POP TALK (R) 10:30 - 11:15	REEL LIFE 1 (R.) 11:00 - 1:00						TUNAY NA BUHAY (R) 11:00 - 11:30	11:00PM
11:00PM	MAYNILA (R.) 11:15 - 12:00							HOME BASE PLUS (R.) 11:30 - 12:00	12:00MN

GMA NEWS TV PROGRAMMING JULY 1 - 6, 2019 GRID (KINGDOM OF SAUDI ARABIA)															
KSA (MLA - 5)	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	KSA (MLA - 5)							
		JULY 1	JULY 2	JULY 3	JULY 4	JULY 5	JULY 6								
12:00MN	REEL TIME MARATHON (R.) 10:30 - 1:30	AGRIPRENEUR (R.) 12:00 - 12:30	STATE OF THE NATION with JESSICA SOHO (R.) 12:00 - 1:30					12:00MN							
1:00AM		TURBO ZONE (R.) 12:30 - 1:00													
2:00AM		ALISTO (R.) 1:00 - 1:30													
3:00AM	DOBOL B SA NEWS TV 1:30 - 7:30							3:00AM							
4:00AM								4:00AM							
5:00AM								5:00AM							
6:00AM								6:00AM							
7:00AM								7:00AM							
8:00AM								BAWAL ANG PASAWAY KAY MARENG WINNIE (R.) 7:30 - 8:15	INVESTIGATIVE DOCUMENTARIES (R.) 7:30 - 8:30	BALITANG AMIANAN (R.) 7:30 - 8:00					8:00AM
9:00AM								ALISTO (R.) 8:15 - 8:45	BORN IMPACT (P) 8:30 - 9:00	ONE WESTERN VISAYAS (R.) 8:00 - 8:45					9:00AM
10:00AM	AGRIPRENEUR (P) 8:45 - 9:15	TURBO ZONE (R.) 9:00 - 9:30	BALITANG BISDAK (R.) 8:45 - 9:30					10:00AM							
11:00AM	REEL TIME (P) 9:15 - 10:15 "Bagets Vloggers"	MOTORCYCLE DIARIES (R) 9:30 - 10:15	ONE MINDANAO (R.) 9:30 - 10:15				TONIGHT with ARNOLD CLAVIO (R) 10:15 - 11:15	11:00AM							
12:00NN	IJUANDER (P) 10:15 - 11:15	POWERHOUSE (P) 10:15 - 11:15		REEL TIME (P) 10:15 - 11:15			12:00NN								
1:00PM	NATIONAL BASKETBALL LEAGUE (R) 11:15 - 1:15	DOKUMENTARYO (I-WITNESS CLASSICS) (P) 11:15 - 12:00					NATIONAL BASKETBALL LEAGUE (R) 11:15 - 1:15								
2:00PM		REEL TIME (R) 12:00 - 1:00 "Bagets Vloggers"	GOOD NEWS with VICKY MORALES (R) 12:00 - 1:00	BRIGADA (R) 12:00 - 1:00	IJUANDER (R) 12:00 - 1:00	BAWAL ANG PASAWAY KAY MARENG WINNIE (R) 12:00 - 1:00									
3:00PM	NATIONAL BASKETBALL LEAGUE (P) 1:15 - 3:15	NEWS TV QRT (P.) 1:00 - 1:45					TURBO ZONE (P) 3:15 - 3:45								
4:00PM		POWERHOUSE (R) 1:45 - 2:45	REEL TIME (R) 1:45 - 2:45												
5:00PM	REEL TIME (R.) 3:15 - 4:15 "Bagets Vloggers"	MOTORCYCLE DIARIES (P.) 2:45 - 3:45	BRIGADA (P) 2:45 - 3:45	BAWAL ANG PASAWAY KAY MARENG WINNIE (P) 2:45 - 3:45	INVESTIGATIVE DOCUMENTARIES (P) 2:45 - 3:45	TONIGHT with ARNOLD CLAVIO (P) 2:45 - 3:45	4:00PM								
6:00PM	NATIONAL BASKETBALL LEAGUE (R) 6:00 - 8:00	NEWS TV QRT (R) 3:45 - 4:45					ALISTO (P) 3:45 - 4:15								
7:00PM		INVESTIGATIVE DOCUMENTARIES (R) 4:15 - 5:15	STATE OF THE NATION with JESSICA SOHO (P) 4:45 - 6:00				BIYAHENG DO30 (P) 4:15 - 5:15								
8:00PM		ALISTO (R.) 5:15 - 6:00	STATE OF THE NATION with JESSICA SOHO (P) 4:45 - 6:00				BAWAL ANG PASAWAY KAY MARENG WINNIE (R) 5:15 - 6:00								
9:00PM	BYAHENG DO30 (R.) 8:00 - 9:00	MOTORCYCLE DIARIES (R.) 6:00 - 7:00	GOOD NEWS with VICKY MORALES (R) 6:00 - 7:00	IJUANDER (R.) 6:00 - 7:00	NATIONAL BASKETBALL LEAGUE (P) 6:00 - 8:00			6:00PM							
10:00PM		GOOD NEWS with VICKY MORALES (P) 7:00 - 8:00	BRIGADA (R.) 7:00 - 8:00	BAWAL ANG PASAWAY KAY MARENG WINNIE (R) 7:00 - 8:00											
11:00PM	REEL TIME (R.) 10:00 - 11:00 "Bagets Vloggers"	STATE OF THE NATION with JESSICA SOHO (R.) 8:00 - 9:15					AGRIPRENEUR (R) 8:00 - 8:30								
12:00MN		IJUANDER (R.) 9:00 - 10:00	NEWS TV QRT (R) 9:15 - 10:00				BORN IMPACT (R) 8:30 - 9:00								
			BALITANG AMIANAN (P.) 10:00 - 10:30					TURBO ZONE (R.) 9:00 - 9:30							
	BRIGADA (R.) 11:00 - 12:00	ONE WESTERN VISAYAS (P.) 10:30 - 11:00					INVESTIGATIVE DOCUMENTARIES (R.) 9:30 - 10:30								
		BALITANG BISDAK (P.) 11:00 - 11:30					REEL TIME MARATHON (R.) 10:30 - 1:30								
		ONE MINDANAO (P.) 11:30 - 12:00													

GMA NEWS TV PROGRAMMING JULY 7 - 13, 2019 GRID (KINGDOM OF SAUDI ARABIA)																	
KSA (MLA - 5)	SUNDAY JULY 7	MONDAY JULY 8	TUESDAY JULY 9	WEDNESDAY JULY 10	THURSDAY JULY 11	FRIDAY JULY 12	SATURDAY JULY 13	KSA (MLA - 5)									
12:00MN	REEL TIME MARATHON (R.) 10:30 - 1:30	AGRIPRENEUR (R.) 12:00 - 12:30	STATE OF THE NATION with JESSICA SOHO (R.) 12:00 - 1:30						12:00MN								
1:00AM		TURBO ZONE (R.) 12:30 - 1:00															
2:00AM		ALISTO (R.) 1:00 - 1:30															
3:00AM	DOBOL B SA NEWS TV 1:30 - 7:30								3:00AM								
4:00AM									4:00AM								
5:00AM									5:00AM								
6:00AM									6:00AM								
7:00AM									7:00AM								
8:00AM									BAWAL ANG PASAWAY KAY MARENG WINNIE (R.) 7:30 - 8:15	INVESTIGATIVE DOCUMENTARIES (R.) 7:30 - 8:30	BALITANG AMIANAN (R.) 7:30 - 8:00						8:00AM
9:00AM									ALISTO (R.) 8:15 - 8:45	BORN IMPACT (P) 8:30 - 9:00	ONE WESTERN VISAYAS (R.) 8:00 - 8:45						9:00AM
10:00AM	AGRIPRENEUR (P) 8:45 - 9:15	TURBO ZONE (R.) 9:00 - 9:30	BALITANG BISDAK (R.) 8:45 - 9:30						10:00AM								
11:00AM	REEL TIME (P) 9:15 - 10:15 "Sining sa Lansangan"	MOTORCYCLE DIARIES (R) 9:30 - 10:15	ONE MINDANAO (R.) 9:30 - 10:15						11:00AM								
12:00NN	IJUANDER (P) 10:15 - 11:15	POWERHOUSE (P) 10:15 - 11:15		REEL TIME (P) 10:15 - 11:15			TONIGHT with ARNOLD CLAVIO (R) 10:15 - 11:15	12:00NN									
1:00PM	NATIONAL BASKETBALL LEAGUE (R) 11:15 - 1:15	DOKUMENTARYO (I-WITNESS CLASSICS) (P) 11:15 - 12:00							NATIONAL BASKETBALL LEAGUE (R) 11:15 - 1:15								
2:00PM		REEL TIME (R) 12:00 - 1:00 "Sining sa Lansangan"	GOOD NEWS with VICKY MORALES (R) 12:00 - 1:00	BRIGADA (R) 12:00 - 1:00	IJUANDER (R) 12:00 - 1:00	BAWAL ANG PASAWAY KAY MARENG WINNIE (R) 12:00 - 1:00	1:00PM										
3:00PM	NATIONAL BASKETBALL LEAGUE (P) 1:15 - 3:15	NEWS TV QRT (P.) 1:00 - 1:45							NATIONAL BASKETBALL LEAGUE (R) 11:15 - 3:15								
4:00PM		POWERHOUSE (R) 1:45 - 2:45	REEL TIME (R) 1:45 - 2:45					2:00PM									
5:00PM	REEL TIME (R.) 3:15 - 4:15 "Sining sa Lansangan"	MOTORCYCLE DIARIES (P.) 2:45 - 3:45	BRIGADA (P) 2:45 - 3:45	BAWAL ANG PASAWAY KAY MARENG WINNIE (P) 2:45 - 3:45	INVESTIGATIVE DOCUMENTARIES (P) 2:45 - 3:45	TONIGHT with ARNOLD CLAVIO (P) 2:45 - 3:45	TURBO ZONE (P) 3:15 - 3:45	3:00PM									
6:00PM	NATIONAL BASKETBALL LEAGUE (R) 6:00 - 8:00	NEWS TV QRT (R) 3:45 - 4:45							4:00PM								
7:00PM		INVESTIGATIVE DOCUMENTARIES (R) 4:15 - 5:15	STATE OF THE NATION with JESSICA SOHO (P) 4:45 - 6:00						5:00PM								
8:00PM		ALISTO (R.) 5:15 - 6:00	BAWAL ANG PASAWAY KAY MARENG WINNIE (R) 5:15 - 6:00						6:00PM								
9:00PM	BYAHENG DO30 (R.) 8:00 - 9:00	MOTORCYCLE DIARIES (R.) 6:00 - 7:00	GOOD NEWS with VICKY MORALES (R) 6:00 - 7:00	IJUANDER (R.) 6:00 - 7:00	NATIONAL BASKETBALL LEAGUE (P) 6:00 - 8:00				7:00PM								
10:00PM		GOOD NEWS with VICKY MORALES (P) 7:00 - 8:00	BRIGADA (R.) 7:00 - 8:00	BAWAL ANG PASAWAY KAY MARENG WINNIE (R) 7:00 - 8:00	STATE OF THE NATION with JESSICA SOHO (R.) 8:00 - 9:15				8:00PM								
11:00PM	IJUANDER (R.) 9:00 - 10:00	NEWS TV QRT (R) 9:15 - 10:00						9:00PM									
12:00MN	REEL TIME (R.) 10:00 - 11:00 "Sining sa Lansangan"	BALITANG AMIANAN (P.) 10:00 - 10:30						AGRIPRENEUR (R) 8:00 - 8:30	10:00PM								
1:00AM		ONE WESTERN VISAYAS (P.) 10:30 - 11:00						BORN IMPACT (R) 8:30 - 9:00									
2:00AM		BALITANG BISDAK (P.) 11:00 - 11:30						TURBO ZONE (R.) 9:00 - 9:30									
3:00AM	BRIGADA (R.) 11:00 - 12:00	ONE MINDANAO (P.) 11:30 - 12:00						INVESTIGATIVE DOCUMENTARIES (R.) 9:30 - 10:30	11:00PM								
4:00AM	REEL TIME MARATHON (R.) 10:30 - 1:30								12:00MN								





GMA NEWS TV PROGRAMMING JULY 21 - 27, 2019 GRID (KINGDOM OF SAUDI ARABIA)															
KSA (MLA - 5)	SUNDAY JULY 21	MONDAY JULY 22	TUESDAY JULY 23	WEDNESDAY JULY 24	THURSDAY JULY 25	FRIDAY JULY 26	SATURDAY JULY 27	KSA (MLA - 5)							
12:00MN	REEL TIME MARATHON (R.) 10:30 - 1:30	AGRIPRENEUR (R.) 12:00 - 12:30	STATE OF THE NATION with JESSICA SOHO (R.) 12:00 - 1:30					12:00MN							
1:00AM		TURBO ZONE (R.) 12:30 - 1:00													
2:00AM		OUR POWER (R.) 1:00 - 1:30													
3:00AM	OUR POWER (P.) 7:30 - 8:15							3:00AM							
4:00AM								4:00AM							
5:00AM								5:00AM							
6:00AM								6:00AM							
7:00AM								7:00AM							
8:00AM								OUR POWER (P.) 7:30 - 8:15	INVESTIGATIVE DOCUMENTARIES (R.) 7:30 - 8:30	BALITANG AMIANAN (R.) 7:30 - 8:00					8:00AM
9:00AM								ALISTO (R.) 8:15 - 8:45	BORN IMPACT (P) 8:30 - 9:00	ONE WESTERN VISAYAS (R.) 8:00 - 8:45					9:00AM
10:00AM	AGRIPRENEUR (P) 8:45 - 9:15	TURBO ZONE (R.) 9:00 - 9:30	BALITANG BISDAK (R.) 8:45 - 9:30					10:00AM							
11:00AM	REEL TIME (P) 9:15 - 10:15 "Ginto ng Malarayat"	MOTORCYCLE DIARIES (R) 9:30 - 10:15	ONE MINDANAO (R.) 9:30 - 10:15					11:00AM							
12:00NN	IJUANDER (P) 10:15 - 11:15	POWERHOUSE (P) 10:15 - 11:15		REEL TIME (P) 10:15 - 11:15			TONIGHT with ARNOLD CLAVIO (R) 10:15 - 10:45	12:00NN							
1:00PM	NATIONAL BASKETBALL LEAGUE (R) 11:15 - 1:15	DOKUMENTARYO (I-WITNESS CLASSICS) (P) 11:15 - 12:00					NATIONAL BASKETBALL LEAGUE (R) 11:15 - 3:15	1:00PM							
2:00PM		REEL TIME (R) 12:00 - 1:00 "Ginto ng Malarayat"	GOOD NEWS with VICKY MORALES (R) 12:00 - 1:00	BRIGADA (R) 12:00 - 1:00	IJUANDER (R) 12:00 - 1:00	BAWAL ANG PASAWAY KAY MARENG WINNIE (R) 12:00 - 1:00		2:00PM							
3:00PM	NATIONAL BASKETBALL LEAGUE (P) 1:15 - 3:15	POWERHOUSE (R) 1:45 - 2:45		REEL TIME (R) 1:45 - 2:45			3:00PM								
4:00PM	REEL TIME (R.) 3:15 - 4:15 "Ginto ng Malarayat"	MOTORCYCLE DIARIES (P.) 2:45 - 3:45	BRIGADA (P) 2:45 - 3:45	BAWAL ANG PASAWAY KAY MARENG WINNIE (P) 2:45 - 3:45	INVESTIGATIVE DOCUMENTARIES (P) 2:45 - 3:45	TONIGHT with ARNOLD CLAVIO (P) 2:45 - 3:45	ALISTO (P) 3:15 - 3:45	4:00PM							
5:00PM	INVESTIGATIVE DOCUMENTARIES (R) 4:15 - 5:15	NEWS TV QRT (R) 3:45 - 4:45					BIYAHENG DO30 (P) 3:45 - 4:45	5:00PM							
6:00PM	OUR POWER (R.) 5:15 - 6:00	STATE OF THE NATION with JESSICA SOHO (P) 4:45 - 6:00					GMA REGIONAL TV WEEKEND NEWS (P) 4:45 - 5:15	6:00PM							
7:00PM	NATIONAL BASKETBALL LEAGUE (R) 6:00 - 8:00	MOTORCYCLE DIARIES (R.) 6:00 - 7:00	GOOD NEWS with VICKY MORALES (R) 6:00 - 7:00	IJUANDER (R.) 6:00 - 7:00	NATIONAL BASKETBALL LEAGUE (P) 6:00 - 8:00			7:00PM							
8:00PM	BYAHENG DO30 (R.) 8:00 - 9:00	GOOD NEWS with VICKY MORALES (P) 7:00 - 8:00	BRIGADA (R.) 7:00 - 8:00	BAWAL ANG PASAWAY KAY MARENG WINNIE (R) 7:00 - 8:00	STATE OF THE NATION with JESSICA SOHO (R.) 8:00 - 9:15			8:00PM							
9:00PM	IJUANDER (R.) 9:00 - 10:00	NEWS TV QRT (R) 9:15 - 10:00						9:00PM							
10:00PM	REEL TIME (R.) 10:00 - 11:00 "Ginto ng Malarayat"	BALITANG AMIANAN (P.) 10:00 - 10:30						AGRIPRENEUR (R) 8:00 - 8:30							
11:00PM	BRIGADA (R.) 11:00 - 12:00	ONE WESTERN VISAYAS (P.) 10:30 - 11:00					BORN IMPACT (R) 8:30 - 9:00	11:00PM							
12:00MN		BALITANG BISDAK (P.) 11:00 - 11:30					TURBO ZONE (R.) 9:00 - 9:30	12:00MN							
		ONE MINDANAO (P.) 11:30 - 12:00					INVESTIGATIVE DOCUMENTARIES (R.) 9:30 - 10:30								
							REEL TIME MARATHON (R.) 10:30 - 1:00								

GMA NEWS TV PROGRAMMING JULY 28 - 31, 2019 GRID (KINGDOM OF SAUDI ARABIA)									
KSA (MLA - 5)	SUNDAY JULY 28	MONDAY JULY 29	TUESDAY JULY 30	WEDNESDAY JULY 31	THURSDAY	FRIDAY	SATURDAY	KSA (MLA - 5)	
12:00MN	REEL TIME MARATHON (R.) 10:30 - 1:00	AGRIPRENEUR (R.) 12:00 - 12:30 TURBO ZONE (R.) 12:30 - 1:00	STATE OF THE NATION with JESSICA SOHO (R.) 12:00 - 1:30					12:00MN	
1:00AM	GMA REGIONAL TV WEEKEND NEWS (R) 1:00 - 1:30	ALISTO (R.) 1:00 - 1:30							1:00AM
2:00AM	DOBOL B SA NEWS TV 1:30 - 7:30								2:00AM
3:00AM									3:00AM
4:00AM									4:00AM
5:00AM									5:00AM
6:00AM									6:00AM
7:00AM									7:00AM
8:00AM	BAWAL ANG PASAWAY KAY MARENG WINNIE (R.) 7:30 - 8:15	INVESTIGATIVE DOCUMENTARIES (R.) 7:30 - 8:30	BALITANG AMIANAN (R.) 7:30 - 8:00					8:00AM	
	ALISTO (R.) 8:15 - 8:45	BORN IMPACT (P) 8:30 - 9:00	ONE WESTERN VISAYAS (R.) 8:00 - 8:45						
9:00AM	AGRIPRENEUR (P) 8:45 - 9:15	TURBO ZONE (R.) 9:00 - 9:30	BALITANG BISDAK (R.) 8:45 - 9:30					9:00AM	
10:00AM	REEL TIME (P) 9:15 - 10:15 "Kuwaw"	MOTORCYCLE DIARIES (R) 9:30 - 10:15	ONE MINDANAO (R.) 9:30 - 10:15					10:00AM	
11:00AM	IJUANDER (P) 10:15 - 11:15	POWERHOUSE (P) 10:15 - 11:15	REEL TIME (P) 10:15 - 11:15				TONIGHT with ARNOLD CLAVIO (R) 10:15 - 10:45 TURBO ZONE (P) 10:45 - 11:15	11:00AM	
12:00NN	NATIONAL BASKETBALL LEAGUE (R) 11:15 - 1:15	DOKUMENTARYO (I-WITNESS CLASSICS) (P) 11:15 - 12:00					NATIONAL BASKETBALL LEAGUE (R) 11:15 - 3:15	12:00NN	
1:00PM		REEL TIME (R) 12:00 - 1:00 "Kuwaw"	GOOD NEWS with VICKY MORALES (R) 12:00 - 1:00	BRIGADA (R) 12:00 - 1:00	IJUANDER (R) 12:00 - 1:00	BAWAL ANG PASAWAY KAY MARENG WINNIE (R) 12:00 - 1:00		1:00PM	
2:00PM	NATIONAL BASKETBALL LEAGUE (P) 1:15 - 3:15	NEWS TV QRT (P.) 1:00 - 1:45					NATIONAL BASKETBALL LEAGUE (R) 11:15 - 3:15	2:00PM	
3:00PM		POWERHOUSE (R) 1:45 - 2:45	REEL TIME (R) 1:45 - 2:45					3:00PM	
4:00PM	REEL TIME (R.) 3:15 - 4:15 "Kuwaw"	MOTORCYCLE DIARIES (P.) 2:45 - 3:45	BRIGADA (P) 2:45 - 3:45	BAWAL ANG PASAWAY KAY MARENG WINNIE (P) 2:45 - 3:45	INVESTIGATIVE DOCUMENTARIES (P) 2:45 - 3:45	TONIGHT with ARNOLD CLAVIO (P) 2:45 - 3:45	ALISTO (P) 3:15 - 3:45	4:00PM	
5:00PM	INVESTIGATIVE DOCUMENTARIES (R) 4:15 - 5:15	NEWS TV QRT (R) 3:45 - 4:45					BIYAHENG DO30 (P) 3:45 - 4:45	4:00PM	
6:00PM	ALISTO (R.) 5:15 - 6:00	STATE OF THE NATION with JESSICA SOHO (P) 4:45 - 6:00					GMA REGIONAL TV WEEKEND NEWS (P) 4:45 - 5:15 BAWAL ANG PASAWAY KAY MARENG WINNIE (R) 5:15 - 6:00	5:00PM	
7:00PM	NATIONAL BASKETBALL LEAGUE (R) 6:00 - 8:00	MOTORCYCLE DIARIES (R.) 6:00 - 7:00	GOOD NEWS with VICKY MORALES (R) 6:00 - 7:00	IJUANDER (R.) 6:00 - 7:00	NATIONAL BASKETBALL LEAGUE (P) 6:00 - 8:00			6:00PM	
8:00PM		GOOD NEWS with VICKY MORALES (P) 7:00 - 8:00	BRIGADA (R.) 7:00 - 8:00	BAWAL ANG PASAWAY KAY MARENG WINNIE (R) 7:00 - 8:00					7:00PM
8:00PM	BYAHENG DO30 (R.) 8:00 - 9:00	STATE OF THE NATION with JESSICA SOHO (R.) 8:00 - 9:15					AGRIPRENEUR (R) 8:00 - 8:30 BORN IMPACT (R) 8:30 - 9:00	8:00PM	
9:00PM	IJUANDER (R.) 9:00 - 10:00	NEWS TV QRT (R) 9:15 - 10:00					TURBO ZONE (R.) 9:00 - 9:30 INVESTIGATIVE DOCUMENTARIES (R.) 9:30 - 10:30	9:00PM	
10:00PM	REEL TIME (R.) 10:00 - 11:00 "Kuwaw"	BALITANG AMIANAN (P.) 10:00 - 10:30					REEL TIME MARATHON (R.) 10:30 - 1:00	10:00PM	
11:00PM	BRIGADA (R.) 11:00 - 12:00	ONE WESTERN VISAYAS (P.) 10:30 - 11:00						11:00PM	
12:00MN		BALITANG BISDAK (P.) 11:00 - 11:30							
		ONE MINDANAO (P.) 11:30 - 12:00							

KSA/ RIYADH (MNL -5)	GMA PINOY TV PROGRAM SCHEDULE JULY 1 - 6, 2019 KSA/ RIYADH/ KUWAIT/ QATAR/ SAUDI ARABIA						KSA/ RIYADH (MNL -5)				
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		SATURDAY			
	JULY. 01	JULY. 02	JULY. 03	JULY. 04	JULY. 05	JULY. 06					
12:00MN	Cont. of TADHANA (R) 11:45 - 12:20 (with English Closed Captions)	Cont. of THE ATOM ARAULLO SPECIALS (P.) 11:45 - 12:30	Cont. of KARA MIA (P) 11:45 - 12:30				12:00MN				
	I-WITNESS (R) 12:20 - 12:55 (with English Closed Captions)	24 ORAS (R.) 12:30 - 1:00	DAHIL SA PAG-IBIG (P.) 12:30 - 1:00								
1:00AM	24 ORAS (R.) 12:55 - 1:30	FAMILY TV MASS (R.) 1:00 - 2:00	LOVE YOU TWO (P.) 1:00 - 1:45				1:00AM				
2:00AM	LOVE YOU TWO MARATHON (R) 1:30 - 4:30 (with English Closed Captions)	DADDY'S GURL (R.) 2:00 - 3:00 (with English Closed Captions)	WOWOWIN (R.) 1:45 - 3:15				2:00AM				
3:00AM		MAGPAKAILANMAN (R.) 3:00 - 4:15 (with English closed captions)	SAKSI (P) 3:15 - 3:45				3:00AM				
4:00AM		VALUE ADDED TREASURES (P) 3:45 - 4:15	EXTRA-NATURAL (P) 3:45 - 4:15	OVERSEAS FILIPINO WITNESS (O.F.W.) (P) 3:45 - 4:15	ACTS (P) 3:45 - 4:15	WOMEN OF WORTH (P) 3:45 - 4:15	4:00AM				
	REPORTERS NOTEBOOK (P.) 4:30 - 5:00	UNANG HIRIT (P) 4:15 - 6:45				SAHAYA MARATHON (R) 4:15 - 7:15 (with English Closed Captions)	5:00AM				
5:00AM	FAMILY TV MASS (P) 5:00 - 6:00										5:00AM
6:00AM											6:00AM
7:00AM	KARA MIA MARATHON (R) 6:00 - 9:00 (with English Closed Captions)	KAPUSO MO, JESSICA SOHO (P) 6:45 - 8:00	REPORTERS NOTEBOOK (R.) 6:45 - 7:15	TADHANA (P.) 6:45 - 7:30 (with English Closed Captions)	DAIG KAYO NG LOLA KO (P.) 6:45 - 7:30 (with English Closed Captions)	WISH KO LANG (P.) 6:45 - 7:30 (with English Closed Captions)	7:00AM				
		IMBESTIGADOR (P.) 7:15 - 8:00	1-WITNESS (P) 7:30 - 8:00	BORN TO BE WILD (P.) 7:30 - 8:00	FRONT ROW (P.) 7:30 - 8:00	DRAGON LADY (P.) 7:15 - 7:45 (with English Closed Captions)	8:00AM				
8:00AM		DRAGON LADY (P.) 8:00 - 8:40 (with English Closed Captions)				"PAMANA: SAVING OUR HERITAGE" (R) 7:45 - 9:45	8:00AM				
9:00AM	THE BOOBAY AND TEKLA SHOW (R.) 9:00 - 10:00	BIHAG (P.) 8:40 - 9:20 (with English Closed Captions)					9:00AM				
10:00AM		DAHIL SA PAG-IBIG (R.) 9:20 - 10:00 (with English Closed Captions)					10:00AM				
11:00AM	SUNDAY PINASAYA (P) 10:00 - 12:00	KARA MIA (R) 10:00 - 10:45 (with English Closed Captions)				KAPUSO MO JESSICA SOHO (R) 9:45 - 11:00	10:00AM				
12:00NN		EAT BULAGA (P) 10:45 - 12:45				EAT BULAGA (P) 11:00 - 1:30	11:00AM				
1:00PM	"PAMANA: SAVING OUR HERITAGE" (P) 12:00 - 2:00	DEAR UGE (P.) 12:45 - 1:45	IMBESTIGADOR (R.) 12:45 - 1:15	PEPITO MANALOTO, ANG TUNAY NA KUWENTO (P.) 12:45 - 1:45	DAIG KAYO NG LOLA KO (R.) 12:45 - 1:15 (with English Closed Captions)	TADHANA (R.) 12:45 - 1:15 (with English Closed Captions)	1:00PM				
		FRONT ROW (R.) 1:15 - 1:45		BORN TO BE WILD (R.) 1:15 - 1:45	WISH KO LANG (R.) 1:15 - 1:45 (with English Closed Captions)	DRAGON LADY (R.) 1:30 - 2:00 (with English Closed Captions)	2:00PM				
2:00PM	DAIG KAYO NG LOLA KO (R.) 2:00 - 2:45 (with English Closed Captions)	DRAGON LADY (R.) 1:45 - 2:15 (with English Closed Captions)				FRONT ROW (R.) 2:00 - 2:30	2:00PM				
3:00PM	BORN TO BE WILD (R) 2:45 - 3:15	24 ORAS (P) 2:15 - 3:25				WISH KO LANG (R.) 2:30 - 3:00 (with English Closed Captions)	3:00PM				
	I-WITNESS (R) 3:15 - 3:45 (with English Closed Captions)	BIHAG (R.) 3:25 - 3:55 (with English Closed Captions)				MAGPAKAILANMAN (R.) 3:00 - 4:15 (with English closed captions)	4:00PM				
4:00PM	24 ORAS WEEKEND (P.) 3:45 - 4:15	WOWOWIN (P.) 3:55 - 5:20				BUBBLE GANG (P) 4:15 - 5:15	4:00PM				
5:00PM	DADDY'S GURL (R.) 4:15 - 5:00 (with English Closed Captions)	SAHAYA (R) 5:20 - 6:00 (with English Closed Captions)				PEPITO MANALOTO, ANG TUNAY NA KUWENTO (R.) 5:15 - 6:00 (with English Closed Captions)	5:00PM				
6:00PM	MAGPAKAILANMAN (P) 5:00 - 6:15 (with English closed captions)	KARA MIA (R) 6:00 - 6:40 (with English Closed Captions)				24 ORAS WEEKEND (P) 6:00 - 6:30	6:00PM				
	STUDIO 7 (P.) 6:15 - 7:15	LOVE YOU TWO (R.) 6:40 - 7:20 (with English Closed Captions)				EAT BULAGA (R.) 6:30 - 9:00	7:00PM				
7:00PM		24 ORAS (R) 7:20 - 8:35					8:00PM				
8:00PM	SUNDAY PINASAYA (R.) 7:15 - 9:15	EAT BULAGA (R.) 8:35 - 11:00				DADDY'S GURL (P.) 9:00 - 9:45	9:00PM				
9:00PM	STARSTRUCK VII (PART 1) (P.) 9:15 - 10:00					THE ATOM ARAULLO SPECIALS (R.) 9:45 - 10:45	10:00PM				
10:00PM	STARSTRUCK VII (PART 2) (P.) 10:00 - 11:00					THE BOOBAY AND TEKLA SHOW (P.) 10:45 - 11:45	11:00PM				
11:00PM	STUDIO 7 (R.) 11:00 - 11:45	SAHAYA (P) 11:00 - 11:45					11:00PM				
12:00MN	THE ATOM ARAULLO SPECIALS (P.) 11:45 - 12:30	KARA MIA (P) 11:45 - 12:30				TADHANA (R) 11:45 - 12:20 (with English Closed Captions)	12:00MN				

KSA/ RIYADH (MNL -5)	GMA PINOY TV PROGRAM SCHEDULE JULY 7 - 13, 2019 KSA/ RIYADH/ KUWAIT/ QATAR/ BAHRAIN							KSA/ RIYADH (MNL -5)
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	JULY 07	JULY 08	JULY 09	JULY 10	JULY 11	JULY 12	JULY 13	
12:00MN	Cont. of TADHANA (R) 11:45 - 12:20 (with English Closed Captions)	Cont. of DADDY'S GURL (R.) 11:45 - 12:30 (with English Closed Captions)	Cont. of KARA MIA (P) 11:45 - 12:30					12:00MN
	I-WITNESS (R) 12:20 - 12:55 (with English Closed Captions)	24 ORAS (R.) 12:30 - 1:00	DAHIL SA PAG-IBIG (P.) 12:30 - 1:00					
1:00AM	24 ORAS (R.) 12:55 - 1:30	FAMILY TV MASS (R.) 1:00 - 2:00	LOVE YOU TWO (P.) 1:00 - 1:45					1:00AM
2:00AM	LOVE YOU TWO MARATHON (R) 1:30 - 4:30 (with English Closed Captions)	FRONT ROW (R.) 2:00 - 2:30	WOWOWIN (R.) 1:45 - 3:15					2:00AM
3:00AM		STARSTRUCK VII (PART 1) (R.) 2:30 - 3:15						3:00AM
4:00AM		STARSTRUCK VII (PART 2) (R.) 3:15 - 4:15						4:00AM
		VALUE ADDED TREASURES (P) 3:45 - 4:15	EXTRA-NATURAL (P) 3:45 - 4:15	OVERSEAS FILIPINO WITNESS (O.F.W.) (P) 3:45 - 4:15	ACTS (P) 3:45 - 4:15	WOMEN OF WORTH (P) 3:45 - 4:15		
5:00AM	REPORTERS NOTEBOOK (P.) 4:30 - 5:00	UNANG HIRIT (P) 4:15 - 6:45					5:00AM	
6:00AM	FAMILY TV MASS (P) 5:00 - 6:00						6:00AM	
7:00AM	KARA MIA MARATHON (R) 6:00 - 9:00 (with English Closed Captions)						KAPUSO MO, JESSICA SOHO (P) 6:45 - 8:00	REPORTERS NOTEBOOK (R.) 6:45 - 7:15
8:00AM		IMBESTIGADOR (P.) 7:15 - 8:00	I-WITNESS (P) 7:30 - 8:00	BORN TO BE WILD (R.) 7:30 - 8:00	FRONT ROW (P.) 7:30 - 8:00	DRAGON LADY (P.) 7:30 - 8:00 (with English Closed Captions)	8:00AM	
		DRAGON LADY (P.) 8:00 - 8:40 (with English Closed Captions)					DEAR UGE (R.) 8:00 - 8:45	
9:00AM	THE BOOBAY AND TEKLA SHOW (R.) 9:00 - 10:00	BIHAG (P.) 8:40 - 9:20 (with English Closed Captions)					9:00AM	
10:00AM		DAHIL SA PAG-IBIG (R.) 9:20 - 10:00 (with English Closed Captions)					PEPITO MANALOTO, ANG TUNAY NA KUWENTO (R.) 8:45 - 9:30 (with English Closed Captions)	
11:00AM	SUNDAY PINASAYA (P) 10:00 - 12:00	KARA MIA (R) 10:00 - 10:45 (with English Closed Captions)					KAPUSO MO JESSICA SOHO (R) 9:30 - 11:00	
12:00NN	DAIG KAYO NG LOLA KO (R.) 12:00 - 12:45 (with English Closed Captions)	EAT BULAGA (P) 10:45 - 12:45					EAT BULAGA (P) 11:00 - 1:30	
1:00PM	BORN TO BE WILD (R) 12:45 - 1:15	STUDIO 7 (R.) 12:45 - 1:45	DEAR UGE (P.) 12:45 - 1:45	PEPITO MANALOTO, ANG TUNAY NA KUWENTO (P.) 12:45 - 1:45	DAIG KAYO NG LOLA KO (R.) 12:45 - 1:15 (with English Closed Captions)	TADHANA (R.) 12:45 - 1:15 (with English Closed Captions)	1:00PM	
	STORIES FOR THE SOUL (P.) 1:15 - 2:15		BORN TO BE WILD (R.) 1:15 - 1:45	WISH KO LANG (R.) 1:15 - 1:45 (with English Closed Captions)	DRAGON LADY (R.) 1:30 - 2:00 (with English Closed Captions)			
2:00PM		DRAGON LADY (R.) 1:45 - 2:15 (with English Closed Captions)					2:00PM	
3:00PM	KAPUSO MO JESSICA SOHO (R) 2:15 - 3:45	24 ORAS (P) 2:15 - 3:25					FRONT ROW (R.) 2:00 - 2:30	
4:00PM	24 ORAS WEEKEND (P.) 3:45 - 4:15	BIHAG (R.) 3:25 - 3:55 (with English Closed Captions)					WISH KO LANG (R.) 2:30 - 3:00 (with English Closed Captions)	
5:00PM	DADDY'S GURL (R.) 4:15 - 5:00 (with English Closed Captions)	WOWOWIN (P.) 3:55 - 5:20					MAGPAKAILANMAN (R.) 3:00 - 4:15 (with English closed captions)	
6:00PM	MAGPAKAILANMAN (P) 5:00 - 6:15 (with English closed captions)	SAHAYA (R) 5:20 - 6:00 (with English Closed Captions)					BUBBLE GANG (P) 4:15 - 5:15	
7:00PM	STUDIO 7 (P.) 6:15 - 7:15	KARA MIA (R) 6:00 - 6:40 (with English Closed Captions)					PEPITO MANALOTO, ANG TUNAY NA KUWENTO (R.) 5:15 - 6:00 (with English Closed Captions)	
8:00PM	SUNDAY PINASAYA (R.) 7:15 - 9:15	LOVE YOU TWO (R.) 6:40 - 7:20 (with English Closed Captions)					24 ORAS WEEKEND (P) 6:00 - 6:30	
9:00PM		24 ORAS (R) 7:20 - 8:35					EAT BULAGA (R.) 6:30 - 9:00	
10:00PM	STARSTRUCK VII (PART 1) (P.) 9:15 - 10:00	EAT BULAGA (R.) 8:35 - 11:00					DADDY'S GURL (P.) 9:00 - 9:45	
11:00PM	STARSTRUCK VII (PART 2) (P.) 10:00 - 11:00						BUBBLE GANG (R.) 9:45 - 10:45	
12:00MN	DADDY'S GURL (R.) 11:45 - 12:30 (with English Closed Captions)	KARA MIA (P) 11:45 - 12:30					THE BOOBAY AND TEKLA SHOW (P.) 10:45 - 11:45	
		TADHANA (R) 11:45 - 12:20 (with English Closed Captions)					12:00MN	

KSA/ RIYADH (MNL -5)	GMA PINOY TV PROGRAM SCHEDULE JULY 14 - 20, 2019 KSA/ RIYADH/ KUWAIT/ QATAR/ BAHRAIN							KSA/ RIYADH (MNL -5)
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	JULY 14	JULY 15	JULY 16	JULY 17	JULY 18	JULY 19	JULY 20	
12:00MN	Cont. of TADHANA (R) 11:45 - 12:20 (with English Closed Captions)	Cont. of DADDY'S GURL (R.) 11:45 - 12:30 (with English Closed Captions)	Cont. of KARA MIA (P) 11:45 - 12:30					12:00MN
	I-WITNESS (R) 12:20 - 12:55 (with English Closed Captions)	24 ORAS (R.) 12:30 - 1:00	DAHIL SA PAG-IBIG (P.) 12:30 - 1:00					
1:00AM	24 ORAS (R.) 12:55 - 1:30	FAMILY TV MASS (R.) 1:00 - 2:00	LOVE YOU TWO (P.) 1:00 - 1:45					1:00AM
2:00AM	LOVE YOU TWO MARATHON (R) 1:30 - 4:30 (with English Closed Captions)	FRONT ROW (R.) 2:00 - 2:30	WOWOWIN (R.) 1:45 - 3:15					2:00AM
3:00AM		STARSTRUCK VII (PART 1) (R.) 2:30 - 3:15						3:00AM
4:00AM		STARSTRUCK VII (PART 2) (R.) 3:15 - 4:15						4:00AM
		VALUE ADDED TREASURES (P) 3:45 - 4:15	EXTRA-NATURAL (P) 3:45 - 4:15	OVERSEAS FILIPINO WITNESS (O.F.W.) (P) 3:45 - 4:15	ACTS (P) 3:45 - 4:15	WOMEN OF WORTH (P) 3:45 - 4:15		
5:00AM	REPORTERS NOTEBOOK (P.) 4:30 - 5:00	UNANG HIRIT (P) 4:15 - 6:45					5:00AM	
6:00AM	FAMILY TV MASS (P) 5:00 - 6:00						6:00AM	
7:00AM	KARA MIA MARATHON (R) 6:00 - 9:00 (with English Closed Captions)						KAPUSO MO, JESSICA SOHO (P) 6:45 - 8:00	REPORTERS NOTEBOOK (R.) 6:45 - 7:15
8:00AM		IMBESTIGADOR (P.) 7:15 - 8:00	I-WITNESS (P) 7:30 - 8:00	BORN TO BE WILD (P.) 7:30 - 8:00	FRONT ROW (P.) 7:30 - 8:00	DRAGON LADY (P.) 7:30 - 8:00 (with English Closed Captions)	8:00AM	
		DRAGON LADY (P.) 8:00 - 8:40 (with English Closed Captions)					DEAR UGE (R.) 8:00 - 8:45	
9:00AM	THE BOOBAY AND TEKLA SHOW (R.) 9:00 - 10:00	BIHAG (P.) 8:40 - 9:20 (with English Closed Captions)					9:00AM	
10:00AM		DAHIL SA PAG-IBIG (R.) 9:20 - 10:00 (with English Closed Captions)					10:00AM	
11:00AM	SUNDAY PINASAYA (P) 10:00 - 12:00	KARA MIA (R) 10:00 - 10:45 (with English Closed Captions)					KAPUSO MO JESSICA SOHO (R) 9:30 - 11:00	
12:00NN	DAIG KAYO NG LOLA KO (R.) 12:00 - 12:30 (with English Closed Captions)	EAT BULAGA (P) 10:45 - 12:45					12:00NN	
	BORN TO BE WILD (R) 12:30 - 1:00						12:00NN	
1:00PM	I-WITNESS (R) 1:00 - 1:30 (with English Closed Captions)						STUDIO 7 (R.) 12:45 - 1:45	DEAR UGE (P.) 12:45 - 1:45
2:00PM	IMBESTIGADOR (R) 1:30 - 2:15	DRAGON LADY (R.) 1:45 - 2:15 (with English Closed Captions)					DRAGON LADY (R.) 1:30 - 2:00 (with English Closed Captions)	
3:00PM	KAPUSO MO JESSICA SOHO (R) 2:15 - 3:45	24 ORAS (P) 2:15 - 3:25					FRONT ROW (R.) 2:00 - 2:30	
4:00PM	24 ORAS WEEKEND (P.) 3:45 - 4:15	BIHAG (R.) 3:25 - 3:55 (with English Closed Captions)					WISH KO LANG (R.) 2:30 - 3:00 (with English Closed Captions)	
5:00PM	DADDY'S GURL (R.) 4:15 - 5:00 (with English Closed Captions)	WOWOWIN (P.) 3:55 - 5:20					MAGPAKAILANMAN (R.) 3:00 - 4:15 (with English closed captions)	
	MAGPAKAILANMAN (P) 5:00 - 6:15 (with English closed captions)						4:00PM	
6:00PM							5:00PM	
		SAHAYA (R) 5:20 - 6:00 (with English Closed Captions)					PEPITO MANALOTO, ANG TUNAY NA KUWENTO (R.) 5:15 - 6:00 (with English Closed Captions)	
7:00PM	STUDIO 7 (P.) 6:15 - 7:15	KARA MIA (R) 6:00 - 6:40 (with English Closed Captions)					24 ORAS WEEKEND (P) 6:00 - 6:30	
8:00PM	SUNDAY PINASAYA (R.) 7:15 - 9:15	LOVE YOU TWO (R.) 6:40 - 7:20 (with English Closed Captions)					EAT BULAGA (R.) 6:30 - 9:00	
9:00PM		24 ORAS (R) 7:20 - 8:35					9:00PM	
	STARSTRUCK VII (PART 1) (P.) 9:15 - 10:00						9:00PM	
10:00PM	STARSTRUCK VII (PART 2) (P.) 10:00 - 11:00						10:00PM	
11:00PM	STUDIO 7 (R.) 11:00 - 11:45	EAT BULAGA (R.) 8:35 - 11:00					DADDY'S GURL (P.) 9:00 - 9:45	
12:00MN	DADDY'S GURL (R.) 11:45 - 12:30 (with English Closed Captions)	SAHAYA (P) 11:00 - 11:45					BUBBLE GANG (R.) 9:45 - 10:45	
		KARA MIA (P) 11:45 - 12:30					THE BOOBAY AND TEKLA SHOW (P.) 10:45 - 11:45	
							TADHANA (R) 11:45 - 12:20 (with English Closed Captions)	

KSA/ RIYADH (MNL -5)	GMA PINOY TV PROGRAM SCHEDULE JULY 21 - 27, 2019 KSA/ RIYADH/ KUWAIT/ QATAR/ BAHRAIN							KSA/ RIYADH (MNL -5)
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	JULY 21	JULY 22	JULY 23	JULY 24	JULY 25	JULY 26	JULY 27	
12:00MN	Cont. of TADHANA (R) 11:45 - 12:20 (with English Closed Captions)	Cont. of DADDY'S GURL (R.) 11:45 - 12:30 (with English Closed Captions)	Cont. of KARA MIA (P) 11:45 - 12:30					12:00MN
	I-WITNESS (R) 12:20 - 12:55 (with English Closed Captions)	24 ORAS (R.) 12:30 - 1:00	DAHIL SA PAG-IBIG (P.) 12:30 - 1:00					
1:00AM	24 ORAS (R.) 12:55 - 1:30	FAMILY TV MASS (R.) 1:00 - 2:00	LOVE YOU TWO (P.) 1:00 - 1:45					1:00AM
2:00AM	LOVE YOU TWO MARATHON (R) 1:30 - 4:30 (with English Closed Captions)	FRONT ROW (R.) 2:00 - 2:30	WOWOWIN (R.) 1:45 - 3:15					2:00AM
3:00AM		STARSTRUCK VII (PART 1) (R.) 2:30 - 3:15						3:00AM
4:00AM		STARSTRUCK VII (PART 2) (R.) 3:15 - 4:15						4:00AM
		VALUE ADDED TREASURES (P) 3:45 - 4:15	EXTRA-NATURAL (P) 3:45 - 4:15	OVERSEAS FILIPINO WITNESS (O.F.W.) (P) 3:45 - 4:15	ACTS (P) 3:45 - 4:15	WOMEN OF WORTH (P) 3:45 - 4:15	4:00AM	
	REPORTERS NOTEBOOK (P.) 4:30 - 5:00	UNANG HIRIT (P) 4:15 - 6:45					5:00AM	
5:00AM	FAMILY TV MASS (P) 5:00 - 6:00						5:00AM	
6:00AM							6:00AM	
7:00AM	KARA MIA MARATHON (R) 6:00 - 9:00 (with English Closed Captions)	KAPUSO MO, JESSICA SOHO (P) 6:45 - 8:00	REPORTERS NOTEBOOK (R.) 6:45 - 7:15	TADHANA (P.) 6:45 - 7:30 (with English Closed Captions)	DAIG KAYO NG LOLA KO (P.) 6:45 - 7:30 (with English Closed Captions)	WISH KO LANG (P.) 6:45 - 7:30 (with English Closed Captions)	7:00AM	
		IMBESTIGADOR (P.) 7:15 - 8:00	I-WITNESS (P) 7:30 - 8:00		BORN TO BE WILD (P.) 7:30 - 8:00	FRONT ROW (P.) 7:30 - 8:00	8:00AM	
8:00AM	DRAGON LADY (P.) 8:00 - 8:40 (with English Closed Captions)	<b>HANGGANG SA DULO NG BUHAY KO (P.) 8:00 - 8:40 (with English Closed Captions)</b>					<b>DEAR UGE (R.) 8:00 - 8:45</b>	
9:00AM	THE BOOBAY AND TEKLA SHOW (R.) 9:00 - 10:00	BIHAG (P.) 8:40 - 9:20 (with English Closed Captions)					9:00AM	
		DAHIL SA PAG-IBIG (R.) 9:20 - 10:00 (with English Closed Captions)					9:00AM	
10:00AM	SUNDAY PINASAYA (P) 10:00 - 12:00	KARA MIA (R) 10:00 - 10:45 (with English Closed Captions)					10:00AM	
11:00AM		EAT BULAGA (P) 10:45 - 12:45					11:00AM	
12:00NN	DAIG KAYO NG LOLA KO (R.) 12:00 - 12:30 (with English Closed Captions)	EAT BULAGA (P) 11:00 - 1:30					12:00NN	
	BORN TO BE WILD (R) 12:30 - 1:00						12:00NN	
1:00PM	I-WITNESS (R) 1:00 - 1:30 (with English Closed Captions)						1:00PM	
2:00PM	IMBESTIGADOR (R) 1:30 - 2:15 (with English Closed Captions)	DRAGON LADY (R.) 1:45 - 2:15 (with English Closed Captions)	STUDIO 7 (R.) 12:45 - 1:45	DEAR UGE (P.) 12:45 - 1:45	PEPITO MANALOTO, ANG TUNAY NA KUWENTO (P.) 12:45 - 1:45	DAIG KAYO NG LOLA KO (R.) 12:45 - 1:15 (with English Closed Captions)	TADHANA (R.) 12:45 - 1:15 (with English Closed Captions)	1:00PM
		<b>HANGGANG SA DULO NG BUHAY KO (R.) 1:45 - 2:15 (with English Closed Captions)</b>					<b>HANGGANG SA DULO NG BUHAY KO (R.) 1:30 - 2:00 (with English Closed Captions)</b>	
	KAPUSO MO JESSICA SOHO (R) 2:15 - 3:45	24 ORAS (P) 2:15 - 3:25					FRONT ROW (R.) 2:00 - 2:30	
3:00PM		BIHAG (R.) 3:25 - 3:55 (with English Closed Captions)					WISH KO LANG (R.) 2:30 - 3:00 (with English Closed Captions)	
4:00PM	24 ORAS WEEKEND (P.) 3:45 - 4:15	WOWOWIN (P.) 3:55 - 5:20					MAGPAKAILANMAN (R.) 3:00 - 4:15 (with English closed captions)	
5:00PM	DADDY'S GURL (R.) 4:15 - 5:00 (with English Closed Captions)						5:00PM	
	MAGPAKAILANMAN (P) 5:00 - 6:15 (with English closed captions)						6:00PM	
6:00PM		SAHAYA (R) 5:20 - 6:00 (with English Closed Captions)					PEPITO MANALOTO, ANG TUNAY NA KUWENTO (R.) 5:15 - 6:00 (with English Closed Captions)	
	STUDIO 7 (P.) 6:15 - 7:15	KARA MIA (R) 6:00 - 6:40 (with English Closed Captions)					24 ORAS WEEKEND (P) 6:00 - 6:30	
7:00PM		LOVE YOU TWO (R.) 6:40 - 7:20 (with English Closed Captions)					7:00PM	
8:00PM	SUNDAY PINASAYA (R.) 7:15 - 9:15	24 ORAS (R) 7:20 - 8:35					EAT BULAGA (R.) 6:30 - 9:00	
9:00PM		EAT BULAGA (R.) 8:35 - 11:00					DADDY'S GURL (P.) 9:00 - 9:45	
	STARSTRUCK VII (PART 1) (P.) 9:15 - 10:00						9:00PM	
10:00PM	STARSTRUCK VII (PART 2) (P.) 10:00 - 11:00						10:00PM	
11:00PM	STUDIO 7 (R.) 11:00 - 11:45	SAHAYA (P) 11:00 - 11:45					THE BOOBAY AND TEKLA SHOW (P.) 10:45 - 11:45	
12:00MN	DADDY'S GURL (R.) 11:45 - 12:30 (with English Closed Captions)	KARA MIA (P) 11:45 - 12:30					TADHANA (R) 11:45 - 12:20 (with English Closed Captions)	

KSA/ RIYADH (MNL -5)	GMA PINOY TV PROGRAM SCHEDULE JULY 28 - 31, 2019 KSA/ RIYADH/ KUWAIT/ QATAR/ BAHRAIN							KSA/ RIYADH (MNL -5)
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	JULY 28	JULY 29	JULY 30	JULY 31				
12:00MN	Cont. of TADHANA (R) 11:45 - 12:20 (with English Closed Captions)	Cont. of THE ATOM ARAULLO SPECIALS (P.) 11:45 - 12:30	Cont. of KARA MIA (P) 11:45 - 12:30					12:00MN
	I-WITNESS (R) 12:20 - 12:55 (with English Closed Captions)	24 ORAS (R.) 12:30 - 1:00	DAHIL SA PAG-IBIG (P.) 12:30 - 1:00					
1:00AM	24 ORAS (R.) 12:55 - 1:30	FAMILY TV MASS (R.) 1:00 - 2:00	LOVE YOU TWO (P.) 1:00 - 1:45					1:00AM
2:00AM	LOVE YOU TWO MARATHON (R) 1:30 - 4:30 (with English Closed Captions)	FRONT ROW (R.) 2:00 - 2:30	WOWOWIN (R.) 1:45 - 3:15					2:00AM
3:00AM		STARSTRUCK VII (PART 1) (R.) 2:30 - 3:15						3:00AM
4:00AM		STARSTRUCK VII (PART 2) (R.) 3:15 - 4:15						4:00AM
		VALUE ADDED TREASURES (P) 3:45 - 4:15	EXTRA-NATURAL (P) 3:45 - 4:15	OVERSEAS FILIPINO WITNESS (O.F.W.) (P) 3:45 - 4:15	ACTS (P) 3:45 - 4:15	WOMEN OF WORTH (P) 3:45 - 4:15		
5:00AM	REPORTERS NOTEBOOK (P.) 4:30 - 5:00	UNANG HIRIT (P) 4:15 - 6:45					5:00AM	
6:00AM	FAMILY TV MASS (P) 5:00 - 6:00						6:00AM	
7:00AM	KARA MIA MARATHON (R) 6:00 - 9:00 (with English Closed Captions)	KAPUSO MO, JESSICA SOHO (P) 6:45 - 8:00	REPORTERS NOTEBOOK (R.) 6:45 - 7:15	TADHANA (P.) 6:45 - 7:30 (with English Closed Captions)	DAIG KAYO NG LOLA KO (P.) 6:45 - 7:30 (with English Closed Captions)	WISH KO LANG (P.) 6:45 - 7:30 (with English Closed Captions)	7:00AM	
8:00AM		IMBESTIGADOR (P.) 7:15 - 8:00	I-WITNESS (P) 7:30 - 8:00	BORN TO BE WILD (P.) 7:30 - 8:00	FRONT ROW (P.) 7:30 - 8:00	HANGGANG SA DULO NG BUHAY KO (P.) 7:30 - 8:00	8:00AM	
	HANGGANG SA DULO NG BUHAY KO (P.) 8:00 - 8:40 (with English Closed Captions)					DEAR UGE (R.) 8:00 - 8:45		
9:00AM	THE BOOBAY AND TEKLA SHOW (R.) 9:00 - 10:00	BIHAG (P.) 8:40 - 9:20 (with English Closed Captions)					9:00AM	
10:00AM		DAHIL SA PAG-IBIG (R.) 9:20 - 10:00 (with English Closed Captions)					10:00AM	
11:00AM	SUNDAY PINASAYA (P) 10:00 - 12:00	KARA MIA (R) 10:00 - 10:45 (with English Closed Captions)					11:00AM	
12:00NN	DAIG KAYO NG LOLA KO (R.) 12:00 - 12:30 (with English Closed Captions)	EAT BULAGA (P) 10:45 - 12:45					12:00NN	
1:00PM	BORN TO BE WILD (R) 12:30 - 1:00						1:00PM	
	I-WITNESS (R) 1:00 - 1:30 (with English Closed Captions)	STUDIO 7 (R.) 12:45 - 1:45	DEAR UGE (P.) 12:45 - 1:45	PEPITO MANALOTO, ANG TUNAY NA KUWENTO (P.) 12:45 - 1:45	DAIG KAYO NG LOLA KO (R.) 12:45 - 1:15 (with English Closed Captions)	TADHANA (R.) 12:45 - 1:15 (with English Closed Captions)	1:00PM	
2:00PM	IMBESTIGADOR (R) 1:30 - 2:15	HANGGANG SA DULO NG BUHAY KO (R.) 1:45 - 2:15 (with English Closed Captions)					2:00PM	
3:00PM	KAPUSO MO JESSICA SOHO (R) 2:15 - 3:45	24 ORAS (P) 2:15 - 3:25					3:00PM	
4:00PM	24 ORAS WEEKEND (P.) 3:45 - 4:15	BIHAG (R.) 3:25 - 3:55 (with English Closed Captions)					4:00PM	
5:00PM	DADDY'S GURL (R.) 4:15 - 5:00 (with English Closed Captions)	WOWOWIN (P.) 3:55 - 5:20					5:00PM	
6:00PM	MAGPAKAILANMAN (P) 5:00 - 6:15 (with English closed captions)						6:00PM	
		SAHAYA (R) 5:20 - 6:00 (with English Closed Captions)					6:00PM	
7:00PM	STUDIO 7 (P.) 6:15 - 7:15	KARA MIA (R) 6:00 - 6:40 (with English Closed Captions)					7:00PM	
8:00PM	SUNDAY PINASAYA (R.) 7:15 - 9:15	LOVE YOU TWO (R.) 6:40 - 7:20 (with English Closed Captions)					8:00PM	
9:00PM		24 ORAS (R) 7:20 - 8:35					9:00PM	
10:00PM	STARSTRUCK VII (PART 1) (P.) 9:15 - 10:00	EAT BULAGA (R.) 8:35 - 11:00					10:00PM	
11:00PM	STARSTRUCK VII (PART 2) (P.) 10:00 - 11:00						11:00PM	
	STUDIO 7 (R.) 11:00 - 11:45	SAHAYA (P) 11:00 - 11:45					11:00PM	
12:00MN	THE ATOM ARAULLO SPECIALS (P.) 11:45 - 12:30	KARA MIA (P) 11:45 - 12:30					12:00MN	
		TADHANA (R) 11:45 - 12:20 (with English Closed Captions)						